



The simple past tense is used to talk about a **completed action** in a time **before now**. The simple past is the basic form of past tense in English. The time of the action can be in the recent past or the distant past and action duration is not important.

Examples:

1. My friend travelled this summer.
2. We ate lots of cake at the party.
3. Johnny swam daily at the lake.
4. They cooked a huge meal for the family.

You always use the simple past when you say **when** something happened, so it is associated with certain past time expressions:

- **frequency:** *often, sometimes, always*

I sometimes **walked** home at lunchtime.
I often **brought** my lunch to school.

- **a definite point in time:** *last week, when I was younger, yesterday, six weeks ago*

We **saw** a good film *last week*.
Yesterday, I **arrived** in Geneva.
She **finished** her work at *seven o'clock*
I **went** to the theatre *last night*

- **an indefinite point in time:** *the other day, ages ago, a long time ago*

People **lived** in caves a *long time ago*.
She **played** the piano *when she was a child*.

Write the simple past tense of the present tense verb given.

1. raise raised

2. grow grew

3. form formed

4. is was

5. collect collected

6. fall fell

7. record recorded

8. eat ate

9. beat beat

10. perform performed

11. burst burst

12. live lived

13. join joined

14. call called

15. measure measured

16. appear appeared

17. increase increased

18. use used

19. present presented

20. see saw